



CRAIG ZADOROZNYJ PHOTOGRAPHY



## OPEN 25 MILE TIME TRIAL

Sunday 14th April 2019

Start time: 8:02am

Course: V236/1

HQ: Topcliffe Village Hall

*This event is promoted for and on behalf of Cycling Time Trials under their rules and regulations*



# VTTA OPEN 25 MILE TIME TRIAL

## Organiser

Blair Buss  
6 Bramley View,  
Lightcliffe,  
Halifax  
HX3 8ST  
  
Phone: 01422 202957  
Mobile : 07936 146533  
blairbuss@btinternet.com

## Timekeepers

Start: Mike Penrice  
Finish: Betty Philipson &  
Trevor Wheatcroft

## Marshalls

Members, family and friends of  
Yorkshire VTTA.

## HQ

Topcliffe Village Hall  
Front St, Topcliffe, Thirsk  
YO7 3RJ.

HQ open from 6:30am

Numbers and signing on at HQ.  
Please return your number after  
the event in exchange for a drink  
and a cake.

## Car Parking

**STRICTLY NO PARKING AT THE  
ANGEL PUB TOPCLIFFE.**

**PLEASE PARK RESPONSIBLY  
WITHIN TOPCLIFFE VILLAGE  
AND CONSIDER RESIDENTS.**

Parking is available at Topcliffe  
School and GP Surgery. Larger car  
parking area available at the Crab  
and Lobster Pub Asenby,  
also on Asenby slip road.

Please be responsible wherever  
you park as this led to numerous  
complaints last year

## V236/1 COURSE DETAILS

START at east end of High Street, Topcliffe, at western edge of drain cover, just east of gateway to field at start of slip road to A168 northbound carriageway.

BEAR LEFT up slip road to join A168 dual carriageway.

CONTINUE on A168/A19 to slip road sign-posted A168 Northallerton (5.838 mls).

BEAR LEFT down slip road to T-junction (6.167 mls).

TURN LEFT to South Kilvington TI.

ENCIRCLE ISLAND, continue under A19 dual carriageway, bearing LEFT to join A19 southbound carriageway (6.663 mls).

CONTINUE on A19/A168 to slip road sign-posted A167 Topcliffe (12.226 mls).

BEAR LEFT onto slip road and continue under dual carriageway, to TURN RIGHT (CARE) (12.750 mls) onto slip road to A168 northbound carriageway.

REPEAT CIRCUIT

Join A168 (13.128 mls) Start of slip road to South Kilvington (18.553 mls)

Rejoin A19 southbound (19.377 mls)

Start of slip road to Topcliffe (24.940 mls)

Bear left onto slip-road, to FINISH at eastern gate post of second gateway to field from the slip-road (25.00 mls).

## SAFETY

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all riders to wear a hard shell helmet that meets an internationally accepted safety standard.

**CTT recommends that a working rear light either flashing or constant is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.**

UNDER 18s Please note regulation 15 in the 2005 Handbook which states that riders under the age of 18 must wear a properly affixed helmet of a recognised standard. It is the responsibility of the rider or parent/guardian to ensure that the appropriate helmet is worn and correctly fitted.

## DIRECTIONS TO START

The HQ is on a one-way street, so to get to the start, you turn left outside of the HQ onto Front St, turn left at the end onto Church St, then follow the road back to Long Street. Turn left and the start is on Long Street just before the slip road to the A168.



## RIDER'S NOTES

Do not stop on the A168/A19 unless it is unavoidable.

### Local regulations

PLEASE DO NOT warm up on the course once the event has started.

No U turns near the start. Get off your bike and walk across the road.

DO NOT pass the start time keeper other than to start your ride, once at the start wait on the pavement or in the gateway behind the timekeeper until being called to start.

Riders are advised that the CTT district council will discipline any rider that is reported for riding in an unsafe manner, or who contravenes local regulations.

Please take care on the slip road up to the turn stay to the left and only move to the middle when it is safe to do so. Don't ride up the right hand side of the road.

Don't warm up on turbo trainers near houses. There is ample room in the car park for warming up on a turbo.

No cars at the start please. Please ensure that cars are not following riders or passing them on a regular basis (CTT Observers will be on the course).

Please shout your number at the finish.

**Head down riding or white lining will NOT be tolerated. Observers will be on course at regular intervals and any offenders WILL be subject to DQ at the very least**

**RIDERS WILL BE REPORTED TO YORKSHIRE DC AND MAY FACE A DISCIPLINARY ACTION OR DISQUALIFIED FROM THE EVENT IF THIS REQUEST IS IGNORED.**

**MANY THANKS, YORKSHIRE DC.**

If you are unable to ride, please call or text me as soon as possible, so I can let a reserve take your place. 07936 146533

### MEDIUM GEAR LEAGUE

Points will be awarded in each event according to your finishing position, 120 for 1st, 119 for 2nd and so on down the field. You can ride as many events as you like but your 4 best rides will count towards the overall league so the more you ride the better your chances. The maximum gear allowed is 72", if you ride gears you must have them adjusted so a higher gear cannot be selected, gears will be checked at each event. A 72" gear was traditionally achieved using 48x18, however with modern smaller wheels and tyres a 49x18 is ideal and in some cases (19mm tyres) you can use a 52x19. The only way to be sure of your gear is to measure the distance travelled for one complete pedal revolution, this should be 18ft 10 1/4 inches. Remember if you are using a track bike with a single front brake you must have a lock ring securely fitted to the fixed sprocket.

See website <http://www.fixedwheel.co.uk> for list of events and results

**Gear inspection will be carried out at the headquarters.  
Please ensure that your bike is inspected.**



## PRIZES

### Men & Women

1st Standard £10 + Trophy

### Age Groups Men & Women

#### 40-50

1st	£20
2nd	£10

#### 50-60

1st	£20
2nd	£10

#### 60-70

1st	£20
2nd	£10

#### 70+

1st	£20
2nd	£10

### Tandem

1st Fastest £10 each

### Medium Gear

1st Fastest £20

### ONE RIDER, ONE PRIZE.

There will be a prize presentation after the event, so please stick around to have some tea and cake and congratulate the prize winners.